

In preparation for a sudden large-scale earthquake, taking disaster prevention measures in advance in condominiums (condominiums for sale or rent, City-owned or Tokyo Metropolitan Government-owned apartments) can help reduce damage.

To minimize damage, take disaster prevention measures now.

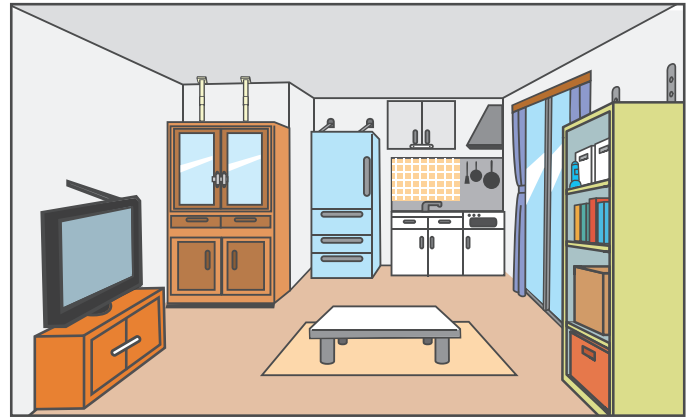
For more information on the Kita City Condominium Disaster Prevention Manual, please see the link or QR code here.  
<https://www.city.kita.tokyo.jp/chiikibosai/documents/mansion.html>



## Indoor Safety Measures

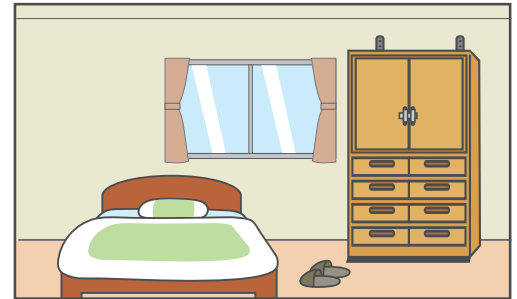
In addition to taking precautions to prevent furniture from falling and glass from shattering during normal times, you can increase the possibility of "Shelter-in-Place" by taking measures in advance, such as safely placing furniture. It is also important to prepare daily necessities such as water, food, and a portable toilet.

- TV should be placed as low as possible and secured with screws or an adhesive mat
- Shelves, chests, and drawers should be secured with tension rods. Door chain stops and fittings are also used.
- Refrigerator is fixed to the wall with belt-type fittings
- Keep sticking shatterproof film on windows.
- Do not place objects in high places. Store heavy objects at the bottom and light objects at the top.
- Prepare slippers, shoes, etc.



## Stockpiling drinking water and food supplies

Prepare drinking water and food supplies at least for 3 days (recommended for 1 week) for the household. The rolling stock (circular stockpiling) method should also be used.



## Use of portable toilets

Stockpile portable toilets, as toilet at home may not be available.

Also, set rules in advance for the storage of used portable toilets in the condominium.



## Confirmation of evacuation method

Since elevators are expected to be out of service in the event of an earthquake, please confirm emergency exits and other evacuation routes in advance.

Furthermore, it is important to conduct evacuation drills on a regular basis and understand how to evacuate.



## Rules and priorities within the condominium to be determined in normal times

Since it is expected to be difficult to make a decision calmly in the event of an earthquake, it is important to prepare a manual in advance so that residents can act appropriately. Specifically, summarize the flow of activities in the event of an earthquake (disaster prevention point, division of roles, safety confirmation, rescue methods, etc.) and rules within the condominium (drainage, garbage disposal, crime prevention activities, etc.).

In addition, since the residents themselves must perform the disaster emergency response, the following roles should be assigned in advance.

**In addition to posting an example of a role assignment form on the official website, Kita City arranges instructors with expertise free of charge. We encourage you to take advantage of these services.**

Sample form: <https://www.city.kita.tokyo.jp/chiikibosai/documents/mansion.html>

### Head office

- Overall grasp and command
- Request assistance from fire departments, local community associations, neighborhood associations, etc., as needed
- Operation of emergency facilities

### Information team

- Confirming the safety and living conditions of residents
- Confirmation of the safety of persons in need
- Gather information on local conditions and inform residents

### Supplies and equipment team

- Distribution of evacuation supplies
- Prepare and provide the soup kitchen

### Safety team

- Initial response to the disaster
- Initial firefighting activities in the event of a fire
- Confirmation of damage to buildings and equipment
- Secure evacuation routes and group evacuation
- Organization of crime prevention activities

### Rescue team

- Rescue and relief action plan
- Transport of injured persons to medical institutions, etc.
- Confirmation of elevator confinement and rescue



## Disaster prevention assistance programs for condominiums by Kita City

Program name	Program details	Contact	Contact information
Disaster prevention seminar	The City dispatches instructors with expertise free of charge to a workshop, course, and study group on disaster prevention organized by the City residents.	Regional Disaster Prevention Division	3908-8194
Mediation of emergency supplies	The program offers discounted prices for emergency supplies in preparation for disasters such as large-scale earthquakes and torrential rains.	Disaster and Crisis Management Division	3908-8184
Assistance program for installation of furniture fall prevention fittings, etc.	<p>For those who have difficulty in installing furniture fall prevention fittings such as support bars or quake-sensitive circuit breakers by themselves, staff of the City contractor (the Kita City Silver Human Resource Center, PIIA) will be dispatched to their home to assist in installing them.</p> <p>Those who fall under any of the following categories are eligible for this project.</p> <p>(1) Those who are registered on the "List of People Requiring Assistance for Evacuation Actions in Kita City"</p> <p>(2) Households (including singles) consisting solely of persons 65 years of age or older</p>	Disaster and Crisis Management Division	3908-8184
Earthquake resistance assistance program	Kita City subsidizes the use of an earthquake resistance advisor and part of the cost of an earthquake resistance diagnosis for owners of condominiums for rent and management associations of condominiums for sale, and for condominiums for sale, further subsidizes part of the cost of reinforcement design and renovation work.	Building Division	3908-1240
Free seminar on condominium management	A seminar on proper maintenance and management of condominiums for sale is to be held. (Scheduled to be held twice during a fiscal year)	Housing section	3908-9201
Condominium management consultation	A Legal Licensed Condominium Manager provides advice from a professional perspective on a wide variety of management methods and rebuilding issues of your management association. A Legal Licensed Condominium Manager will be dispatched as a consultant to the site. (Up to 2 times during a fiscal year per management association)		
Dispatch of condominium management consultants			

## Disaster prevention assistance programs for condominiums by Tokyo Metropolitan Government

Program name	Program details	Contact	Contact information
Tokyo Todomaru condominium promotion program	The program subsidizes the cost of purchasing emergency supplies and equipment for the management associations of condominiums registered with the "Tokyo Todomaru Condominiums" program and owners of condominiums for rent.	Housing Performance Improvement Support Team, Condominium Division, Private Housing Department, Housing Policy Headquarters, Tokyo Metropolitan Government	5320-5007
Social function improvement assistance program	The program dispatches a Legal Licensed Condominium Manager to assist management associations that are addressing dementia and improving disaster preparedness.	Condominium Management Team, Condominium Division, Private Housing Department, Housing Policy Headquarters, Tokyo Metropolitan Government	5320-5004

### Kita City E-Mail Newsletter

Kita City distributes the "Kita City E-Mail Newsletter" via e-mail and the Kita City Official LINE account, which provides useful information for the daily lives of the residents of Kita City and their disaster preparedness.



←QR Code for registration



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Kita City Disaster Prevention and Crime Prevention Website  
<https://www.city.kita.tokyo.jp/bosai-bohan/>

